

# GLUTEN FREE



01700 507545



jamjarbute



contact@thejamjar.co.uk



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## STARTERS

### Soup of the day

£ 5.95

Two choices - Just ask what's the 'Soup of the Day' In addition we will have the favourite, Lentil

**Chicken Tempura** With choice of Garlic Mayo and salad garnish. GF batter.

£ 8.25

### Prawn Cocktail

£ 8.50

Prawns served with marie rose sauce and salad and GF bread.

### Fish Goujons

£ 8.45

In crispy GF batter served with salad garnish & Garlic Mayo

## MAIN DISHES

### Jam Jar Special Burger

£ 22.95

A stack consisting of two 6 oz Aberdeen Angus burgers with cheese, in a GF bun. Lettuce, tomato, red onion, burger relish. Served with chips.

### Macaroni Cheese

£ 15.00

Delicious homemade GF macaroni cheese served with chips. **Add:** Bacon, £1.00

### Scampi & Chips

£ 16.95

Classic GF breaded scampi served with chips. Choice of garden peas, mushy peas or salad garnish. Homemade tartare sauce.

### Mediterranean Penne Pasta

£ 13.95

A delicious GF penne pasta with onions, peppers, olives, spinach, cherry tomatoes. Served in a delicious homemade tomato and basil sauce.

### Classic Fish & Chips

£ 19.50

GF battered Cod served with chips. Choice of garden peas, mushy peas, mushy peas or salad garnish. Homemade tartare sauce.

If you have a food allergy, intolerance, or coeliac disease – please speak to the staff about the ingredients in your food and drink before you order.



FAMILY FRIENDLY FOOD & DRINK



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**CLASSIC BURGERS** A 6oz Aberdeen Angus beef burger served in a GF bun. Lettuce, tomato, red onion, burger relish. Served with Chips

Beef Burger	£ 16.45	Chicken Breast Burger	£ 16.95
Cheese Burger	£ 17.95	Cajun Chicken Burger	£ 16.95

**The following items as below are available as lunch options only, until 4pm**

GF bread, wraps	SANDWICH	TOASTIE	BAKED POTATO
Cheese	£ 4.95	£ 5.15	Cheese £ 7.20
Cheese & Ham	£ 5.75	£ 6.25	Chicken Mayo £ 8.50
Cheese & Onion	£ 5.20	£ 5.35	Coleslaw £ 6.95
Cheese & Tomato	£ 5.20	£ 5.55	Coronation Chicken £ 8.75
Chicken Mayo / Tuna Mayo	£ 7.25	£ 7.55	Prawn Marie Rose £ 9.25
Coronation Chicken	£ 7.25	£ 7.55	Tuna Mayo £ 8.75
Prawn Marie Rose	£ 7.50	£ 7.75	

All dishes on this menu do not use gluten containing ingredients. If you have any questions please ask staff



FAMILY FRIENDLY FOOD & DRINK

